

THE COST OF WORK REQUIREMENTS: CITATIONS



- 1 The Hope Center 2023-2024 Student Basic Needs Survey Report. (February 26, 2025). The Hope Center for Student Basic Needs at Temple University. https://hope.temple.edu/sites/hope/files/media/document/TheHopeCenter_SurveyReport_2025-3.pdf
- 2 Leighton Ku et al., How National Medicaid Work Requirements Would Lead to Large-Scale Job Losses, Harm State Economies, and Strain Budgets (Commonwealth Fund, May 2025). <https://www.commonwealthfund.org/publications/issue-briefs/2025/may/medicaid-work-requirements-job-losses-harm-states>
- 3 Congressional Budget Office, Work Requirements and Work Supports for Recipients of Means-Tested Benefits (CBO, June 2022)
- 4 Sommers BD, Chen L, Blendon RJ, Orav EJ, Epstein AM. Medicaid Work Requirements In Arkansas: Two-Year Impacts On Coverage, Employment, And Affordability Of Care. Health Aff (Millwood). 2020 Sep;39(9):1522-1530. <https://pmc.ncbi.nlm.nih.gov/articles/PMC7497731/>; Larisa Antonisse and Rachel Garfield, "The Relationship Between Work and Health: Findings from a Literature Review" (Kaiser Family Foundation, Aug. 7, 2018) <https://www.kff.org/medicaid/the-relationship-between-work-and-health-findings-from-a-literature-review/>
- 5 The Hope Center 2023-2024 Student Basic Needs Survey Report. (February 26, 2025). The Hope Center for Student Basic Needs at Temple University. <https://hope.temple.edu/research/hope-center-basic-needs-survey/2023-2024-student-basic-needs-survey-report>
- 6 Joseph Llobrera et al., Senate Agriculture Committee's Revised Work Requirement Would Risk Taking Away Food Assistance From More Than 5 Million People: State Estimates (Center on Budget & Policy Priorities, June 2025) <https://www.cbpp.org/research/food-assistance/senate-agriculture-committees-revised-work-requirement-would-risk-taking>
- 7 Joseph Llobrera and Lauren Hall, SNAP Provides Critical Benefits to Workers and Their Families (Center on Budget & Policy Priorities, April 2025). <https://www.cbpp.org/research/food-assistance/snap-provides-critical-benefits-to-workers-and-their-families#snap-provides-low-wage-workers-with-cbpp-anchor>
- 8 In many states, SNAP Employment & Training (E&T) currently serves a limited subset of SNAP participants. States have discretion to leverage additional federal dollars to expand SNAP E&T participation and services for eligible SNAP recipients who want help accessing employment, education, or training opportunities.

